

You are lesbian, gay, bisexual, trans*, intersex or queer?

You have fled from the war in Ukraine or from Russia?

In North Rhine-Westphalia you will find information and telephone counselling here:

Cologne

**Monday, 2 p.m. – 4 p.m. and Thursday,
10 a.m. – 1 p.m. 0221- 27 66 999 – 27
lgbtiq.ukraine@rubicon-koeln.de
(German, English and Russian)**

Bochum

0234 - 640 65 66 (German, English, Ukrainian)

Bielefeld

**lsbtiq@bielefeld.de / WhatsApp 0049163 6190815
(German and English, Russian and Ukrainian with translation)**